

Breakfast Served all Day

ASK OUR SERVER ABOUT THE DAILY SPECIALS

SIDES: (Home Fried Potatoes, Hash Brown, Grits, Oatmeal)

BREAD CHOICES: (White, Whole Wheat, Rye)

SUBSTITUTE: Biscuit (add \$0.50) Bagel (add \$0.85, w/cream cheese add \$0.95), Croissant (add \$1.10) or English Muffin (add \$0.85), Egg Whites (add \$1.25), Any Cheese (add \$1.00)

BREAKFAST CLASSIC

Served with your choice of 1 side & 1 bread

- One egg any style**.....\$ 4.35
- One egg any style**
with bacon or sausage or ham slices.....\$ 5.50
- Two eggs any style**.....\$ 5.75
- Two eggs any style**
with bacon or sausage or ham slices.....\$ 7.25
with Canadian bacon.....\$ 7.50
with Smoked Sausage (Beef).....\$ 7.95
- Add extra egg**.....\$ 1.50
- Add egg whites**.....\$ 1.25

All above served with Home Fries or Hash Browns or Grits or Oatmeal or Sliced Tomatoes

EGG SANDWICHES & WRAPS

Croissant, White, whole wheat, rye or honey wheat wrap, Kaiser roll, English muffin

- Two Eggs Sandwich any style**.....\$ 5.25
- Two Eggs Sandwich any style**
with sausage or bacon or ham.....\$ 6.50
- JJ'MC Sandwich**.....\$ 7.50
2 Eggs any style w/white American Cheese, ham, lettuce, tomato on a Kaiser roll
- Western Sandwich or Wrap**.....\$ 6.75
2 scrambled eggs, ham, onions, green peppers
- Green Wrap**.....\$ 7.95
2 Scrambled eggs whites, onions, green peppers, spinach, provolone cheese & sausage in a spinach tortilla wrap
- Any cheese**add \$ 1.00
- Tomato**add.\$ 1.00
- Egg whites**.....add \$ 1.25

OMELETTES

No substitutions

Served with your choice of 1 side & 1 bread

- Plain Omelette**.....\$ 6.99
- Cheese Omelette** (your choice with American, Swiss, Cheddar or Provolone).....\$ 7.99
- Ham & Cheese Omelette**.....\$ 8.50
- Meat Lover,s Omelette** ham, bacon, sausage & cheddar cheese.....\$ 9.15
- Deli Omelette** pastrami or Corned Beef w/grill onions & Swiss cheese.....\$ 9.15
- Corned Beef Hash Omelette** w/onions, tomatoes & American cheese.....\$ 9.15
- Spanish Omelette** w/ our famous sauce & cheddar cheese\$ 8.95
- Spinach Omelette** mushrooms, scallions & Swiss cheese.....\$ 8.75
- Western Omelette** ham, onion & green pepper.....\$ 8.99
- Greek Omelette** feta, tomato & spinach....\$ 8.99
- Athenian Omelette** gyro meat, tomato & feta.....\$ 8.99
- Spinach, Ham, Bacon & Swiss**\$ 8.99
- L.E.O Lox, Eggs & Onion**\$ 9.99
- Vegetable Omelette** broccoli, peppers, mushrooms, onions & spinach.....\$ 8.95
- Chili & Cheddar Cheese Omelette**\$ 8.50
- Turkey Scramble Omelette** turkey, spinach, jalapenos, artichoke hearts, tomatoes & cream cheese prepared scramble style\$ 8.99

Mexican Omelette smoked beef sausage, jalapenos, tomato, onions & mix cheese.....\$ 8.99

Create your own Omelette.....\$ 9.95
(Choice of 3):....Bacon, ham, sausage, turkey, American cheese, cheddar, cream cheese, feta, Swiss, provolone, spinach, peppers, onions, tomatoes, mushrooms, jalapeno peppers, broccoli

- Sub Egg whites**\$ 1.25
- Add extra egg**\$ 1.50
- Add any additional Meat or Vegetable** \$ 1.45
- Add any cheese**\$ 1.00



PANCAKES & FRENCH TOAST

French Toast or Pancake 1-1-1.....\$ 5.95
1 Egg, 1 French toast or 1 pancake, 1 strips of Bacon or Sausage

French Toast or Pancake 2-2-2.....\$ 8.99
2 Eggs, 2 French toast or 2 pancake, 2 strips of Bacon or Sausage

Golden Brown Pancakes (3)\$ 5.99
with Ham or Bacon or Sausage.....add \$ 2.00
with Canadian bacon or
smoked sausageadd \$ 2.65
with 2 eggsadd \$ 3.00

Short Stack (2)\$ 4.99
with Ham or Bacon or Sausage..... add \$ 2.00
with Canadian bacon or
smoked sausageadd \$ 2.65
with 2 eggsadd \$ 3.00

Chocolate Chip Stack\$ 7.25
Blueberry Stack\$ 7.25
Banana Stack\$ 7.25

French Toast
Our Challah Bread Dipped in a rich Egg Batter Served with Syrup & Butter

French Toast regular order (3).....\$ 6.50
with Ham or Bacon or Sausage.....add \$ 2.00
with Canadian bacon or
smoked sausage add \$ 2.65
with 2 eggsadd \$ 3.00

- French Toast Short order (2)**\$ 5.50
with Ham or Bacon or Sausage.....add \$ 2.00
with Canadian bacon or
smoked sausageadd \$ 2.65
with 2 eggsadd \$ 3.00
Blueberries or Strawberries.....add \$ 1.75
Whipped Creamadd \$ 1.25

SHORTY BREAKFAST

- Biscuit & Gravy Full order (2)**.....\$ 6.50
- Biscuit & Gravy ½ order (1)**.....\$ 3.95
- Add 1 egg any style**\$ 1.50

BAGELS & LOX

- Toasted Bagel**.....\$1.95
(Plain, Sesame or Everything)
- Add Cream cheese**\$ 0.95
- Add Peanut butter or jelly**.....\$ 0.95
- Nova Bagel Sandwich**.....\$ 9.95
your choice of bagel with smoked salmon & cream cheese
- Nova Deluxe Platter**.....\$ 11.50
your choice of bagel with smoked salmon, onions, tomato, cucumbers, lettuce, cream cheese & capers



Consuming raw or under cooked meats poultry seafood shellfish or eggs may increase your risk of food borne illness if you have certain medical conditions.

BREAKFAST SPECIALTIES

Served with your choice of 1 side & 1 bread

NY Steak & 2 eggs any style.....	\$ 11.99
Chop Steak & 2 eggs any style	\$ 9.95
Ham Steak & 2 eggs any style.....	\$ 9.95
Corned Beef Hash & 2 eggs any style..	\$ 9.95
Country Fried Steak smothered in sausage gravy & 2 eggs any style.....	\$ 9.99
Biscuits with Sausage Gravy & 2 eggs. any style.....	\$ 8.99
Add 2 sausage.....	\$ 9.99
Eggs Benedict.....	\$ 9.99
English muffin topped with Canadian bacon, 2 poached eggs & Hollandaise sauce	
Alaskan Eggs Benedict.....	\$ 10.99
English muffin topped with smoked salmon, tomato, spinach, 2 poached eggs & Hollandaise sauce	
Country Style Eggs Benedict.....	\$ 9.95
biscuit topped with 2 sausage patties, 2 poached eggs & sausage gravy	
Fluffy Muffin.....	\$ 7.95
English muffin topped with 2 scrambled eggs, bacon or ham & melted cheese	
Sunshine Stacker.....	\$ 9.55
hash brown stacked with corned beef hash, 2 eggs (any style) & cheese. (Excludes side)	
Spinach Tomato Mushroom Egg White	
Scramble.....	\$ 8.75
egg whites scrambled with spinach, tomatoes & mushrooms	
Frittata Spinach Egg White.....	\$ 8.75
egg whites & spinach prepared frittata style	
Just Whites (5 eggs white).....	\$ 8.95

BREAKFAST SIDES & MORE

Home Fries.....	\$ 2.95
French Fries	\$ 2.95
Hash Browns	\$ 2.95
Grits or Oatmeal	
cup.....	\$ 2.75..... bowl.....\$ 3.75
Add raisins	\$ 0.50
Bacon or Sausage or Ham slices ..	\$ 3.95
Smoked Sausage.....	\$ 2.75
Canadian Bacon	\$ 4.25
Turkey Bacon	\$ 4.25
Corned Beef Hash	\$ 4.95
Ham Steak	\$ 5.55
Meat Platter.....	\$ 4.75
2 bacon, 1 sausage patty, 1 sausage link & ham slice	
One egg	\$ 1.50
Sausage Gravy	\$ 2.10
Lox	\$ 8.99
Strawberries.....	\$ 2.50
Banana.....	\$ 1.00
Cottage Cheese	\$ 2.50
Toast (White, Wheat, Rye)	\$ 1.65
Biscuit	\$ 1.85
Assorted Muffins	\$ 1.95
Pita bread (whole)	\$ 2.25
Toasted Bagel.....	\$ 1.95
(Plain, Sesame or Everything)	
Add Cream cheese	\$ 0.95
Add Peanut butter or jelly.....	\$ 0.95



BEVERAGES

Coffee, Ice Tea & Hot Tea.....	\$ 2.15
Coffee or Ice Tea to go:	
..... (16 oz.).....	\$ 2.35
..... (20 oz).....	\$ 2.85
Espresso	\$ 2.25
Latte coffee.....	\$ 3.25
Ice Latte	\$ 5.00
Hot Chocolate.....	\$ 2.35
Milk	\$ 1.95
Chocolate Milk.....	\$ 2.95
Can Soda	\$ 1.85
Bottled Soda	\$ 2.25
Bottled Water	\$ 1.50
Perrier	\$ 2.50
Orange, Apple or Cranberry Juice..	\$ 2.99
Assorted Snapples	\$ 2.25
Monster	\$ 2.99
Red Bull	\$ 2.75
Fresh Lemonade	\$ 2.65

Lunch

ASK OUR SERVER
ABOUT THE DAILY
SPECIALS

APPETIZERS

Pita Bread with Tzatziki Dip.....	\$ 6.99
Stuffed Grape Leaves	\$ 6.99
Spanakopita (Spinach Pie)	\$ 7.95
Spinach & Feta Cheese	
Chicken Wings (Mild-Med-Hot) .. (5) ...	\$ 6.99
Chicken Wings (Mild-Med-Hot) .(10)	\$ 9.99
Chicken Tenders.....	\$ 7.99
Chicken Tenders.....	\$ 9.25
served with French fries & BBQ Sauce	
Onion Rings	\$ 4.59

Grilled or Blackened Chicken Breast.....	\$ 4.00
Grilled or Blackened Fish	\$ 7.00
(2) Scoops of homemade Tuna, Chicken or	
Egg Salad	\$ 3.50
Classic Spinach Salad	\$ 7.95
(Fresh spinach leaves tossed with our house dress- ing, Hardboiled eggs, Red onions, Tomatoes & Bacon bits)	
Triple Salad	\$ 8.95
(tuna, chicken & egg salad w/Cole slaw on salad greens, cucumbers, tomatoes, red onions & green peppers)	
Chef Salad..(large) \$ 9.95 (Junior)...\$ 8.95	

Homemade Soups

Chicken Noodle .cup \$ 3.25 bowl \$ 4.50	
Chili	cup.. \$ 3.95 bowl \$ 4.95
(with cheese & onion)	
Soup of the day .cup \$ 3.25 bowl \$ 4.50	

SALADS

Served with 1/2 Pita Bread & Your Choice of
dressing: Greek, 1000 Island, Blue Cheese,
Caesar, Ranch, Honey Mustard, Oil & Vinegar

Garden Salad	sm \$ 5.50... lg \$ 7.50
Iceberg lettuce, Tomato, Onion, Green peppers, Cucum- bers	
Caesar Salad.....	sm \$ 5.95.... lg \$ 7.95
Romaine lettuce tossed with our Caesar dressing topped with Bacon bits shredded Parmesan cheese & Garlic croutons	
Greek Salad.....	sm \$ 6.95.... lg \$ 7.95
Iceberg lettuce, Tomato, Onion, Green peppers, Cucum- bers, Pepperoncini, Kalamata olives, Feta cheese in our own Greek dressing	
Monterey Salad.....	\$ 7.95
Iceberg lettuce, Tomato, Onion, Green peppers, Cu- cumbers, Bacon bits, Cheddar mix cheese & Choice of dressing	

Add to any off the above:

Gyro meat	\$ 5.00
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BURGERS & HOT DOGS

Our burgers are hand packed & never frozen.
Served with lettuce, tomatoes, pickles & french
fries, cole slaw or chip

Half Pound Hamburger	\$ 7.95
Half Pound Cheeseburger	\$ 8.95
Spring Burger.....	\$ 9.50
(Bacon, Mushroom, Onion, Am. Cheese)	
Chili Burger	\$ 9.50
(our homemade chili & cheddar mix cheese)	
Kosher Hot Dog	\$ 5.50
Chili Cheese Hot Dog	\$ 6.50
Each additional topping.....	\$ 1.00
(sautéed mushrooms or onions, bacon, jalapeno, peppers & any cheese)	

LUNCH SIDES

French Fries.....	\$ 2.95
Homemade Mashed Potato & Gravy\$	3.25
Mixed Veggies.....	\$ 3.25
Lettuce, tomato.....	\$ 1.25
Fruit Bowl.....	\$ 4.95
Homemade Cole Slaw.....	\$ 2.50
Potato Chips.....	\$ 1.25
Rice Pilaf.....	\$ 2.85
Cottage Cheese.....	\$ 2.50
Jello / Pudding or Apple Sauce....	\$ 1.25



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SANDWICHES & WRAPS

Served with your choice of potato chips, French fries or Cole slaw. Choice of White, Wheat, Rye Bread and Honey wheat & spinach tortilla wraps

- Chicken Breast Club.....\$ 9.50**
traditional triple-decker sandwich with cheese, bacon, lettuce, tomato & mayo on your choice of bread
- Turkey, Ham or Roast Beef Club\$ 9.50**
traditional triple-decker sandwich with cheese, bacon, lettuce, tomato & mayo on your choice of bread
- JJ's Ham, Pastrami & Cheese Club..\$ 9.50**
traditional triple-decker sandwich with cheese, bacon, lettuce, tomato & mayo on your choice of bread
- Springs Chicken Sandwich.....\$ 9.50**
grilled Chicken breast, Smothered in Mushrooms, Onion, Bacon and Cheddar Cheese, served on a Ham-burger Bun w/ Lettuce, Tomato
- Super Grilled Chicken Melt.....\$ 9.50**
grilled Chicken breast, sliced ham, bacon & Swiss cheese on a croissant
- Grilled Chicken Breast Sandwich.....\$ 9.25**
with lettuce, tomato & onion on a roll
- Cajun Chicken Sandwich (spicy).....\$ 9.25**
blackened chicken with lettuce, tomato & onion on a roll with Cajun sauce on the side
- Chicken Salad Melt.....\$ 8.45**
served on grilled rye with Swiss cheese
- Monte Cristo\$ 8.95**
thin sliced turkey & Ham w/melted Swiss cheese on our Famous Challah bread
- White Tuna Melt.....\$ 8.50**
served on grilled rye with Swiss cheese
- Patty Melt.....\$ 8.50**
served Rye bread, Melted American Cheese and Grilled Onions
- Turkey Bacon Melt.....\$ 9.25**
with tomato, Melted American Cheese on Grilled Rye bread
- Reuben Sandwich.....\$ 9.25**
Pastrami, Corned Beef or Turkey, Sauerkraut & Melted Swiss cheese on Rye bread
- Turkey Breast Sandwich.....\$ 8.50**
- Pastrami or Corned Beef Sandwich..\$ 8.50**
(Hot or Cold)
- Roast Beef Sandwich.....\$ 8.50**
- BLT Bacon, Lettuce & Tomato.....\$ 6.95**
- Albacore Tuna Salad Sandwich.....\$ 7.95**
- Chicken Salad Sandwich.....\$ 7.25**
- Egg salad Sandwich.....\$ 7.25**
- Veggie Sandwich Melt or wrap.....\$ 8.25**
oven roasted Portobello mushrooms marinated in balsamic vinaigrette, roasted red peppers, grilled onions & provolone cheese, served on grilled rye bread or ,whole wheat wrap
- Fish Sandwich.....\$ 9.50**
grilled or blackened Mahi Mahi on a Roll with lettuce, tomato & onion
- Grilled Ham & Cheese Sandwich.....\$ 6.95**
- Grilled Cheese Sandwich.....\$ 5.25**
- with tomato.....\$ 5.75**
- with bacon.....\$ 6.35**
- with bacon &tomato.....\$ 6.95**
- Chicken Caesar Wrap.....\$ 9.25**
grilled chicken , romaine lettuce, parmesan cheese & bacon with Caesar dressing rolled in a honey wheat wrap
- Portobello Chicken Wrap.....\$ 9.50**
grilled chicken breast topped with Portobello mushrooms, grilled onions, roasted red peppers & provolone cheese in a honey wheat wrap
- Chicken Artichoke & Spinach Wrap..\$ 9.50**
grilled chicken with artichoke hearts, spinach & white American cheese in a honey wheat wrap)

Turkey Walnut Spinach Wrap..... \$ 9.50
oven roasted turkey breast, spinach leaves, walnuts, dried cranberries, red onions, provolone cheese & cranberry mayo in a spinach tortilla wrap

HOT SUBS

- Philly Cheese Steak Sandwich.....\$ 9.25**
Philly beef, onions & mushrooms, green peppers on a hoagie roll with melted Provolone cheese
- Chicken Philly Sandwich.....\$ 9.25**
grilled chicken, onions & mushrooms, green peppers on a hoagie roll with melted white Provolone cheese
- JJ's Special Sub.....\$ 9.25**
think sliced ham and Pastrami smothered in Onion, Mushroom & Provolone cheese
- NY Steak & Cheese Sub.....\$ 10.99**
8 oz. Sliced sirloin NY Steak & Melted Provolone cheese w/lettuce and tomato
- Cuban Sub Sandwich.....\$ 9.25**
roast pork, Ham, Swiss cheese, Pickles, mayo & Mustard

QUESADILLAS

- Chicken Quesadilla.....\$ 8.95**
Grilled chicken, cheddar cheese, diced tomatoes & onions in a grilled honey wheat tortilla, served with sour cream & tomato salsa
- Veggie Quesadilla.....\$ 8.25**
Mixed grilled veggies & cheddar cheese in a grilled honey wheat tortilla, served with sour cream & tomato salsa

FROM THE GRILL

Served with mashed potatoes & gravy, French fries or rice Pilaf & mixed vegetables. Choice of White, Wheat or Rye bread.

- JJ Chicken Breast.....\$ 10.95**
grilled & topped with barbecue sauce, cheddar cheese, bacon & tomatoes
- Grilled Chicken Breast.....\$ 9.95**
- Spicy Cajun Chicken Breast.....\$ 9.95**
- Hot Open Turkey Sandwich.....\$ 9.50**
served open face with gravy
- Hot Open Roast Beef Sandwich.....\$ 9.50**
served open face with gravy
- Grilled Pork Chops (2) (center cut)..\$ 10.50**
- Chopped Steak.....\$ 10.25**
smothered in grilled onions & brown gravy
- Country Fried Steak.....\$ 9.95**
topped with sausage gravy
- Fish of the Day.....\$ 10.95**
choice of grilled or blackened



LUNCH EXPRESS

*Soup & Sandwich
Homemade cup of Soup , bowl soup (add \$ 1.50) & Half Sandwich*

- White Tuna Salad (1/2).....\$ 6.75 whole....\$ 7.95**
 - Chicken Salad (1/2).....\$ 6.75 whole....\$ 7.75**
 - Egg Salad.(1/2).....\$ 6.25 whole....\$ 7.25**
 - Grilled Cheese. (1/2).....\$ 5.25 whole....\$ 6.75**
- Served on White, Wheat, or Rye Bread (No substitution)**

CHEF SPECIALTIES

- Chicken or Pork Kabob.....\$ 11.25**
with peppers, onions, mushrooms and tomatoes over Rice Pilaf
- Chicken or Pork Souvlaki Platters.\$ 10.99**
with Greek salad, Pita bread and Tzatziki Sauce
- Gyro Platter.....\$ 10.99**
with Greek salad, Pita bread and Tzatziki Sauce
- Gyro Sandwich.....\$ 8.99**
with lettuce, tomatoes and Tzatziki sauce on a pita bread
- Chicken or Pork Souvlaki Sandwich. \$ 8.99**
with lettuce, tomatoes and Tzatziki sauce on a pita bread
- Greek Spinach Pie:**
- with Rice Pilaf.....\$ 8.95**
- with Greek Salad.....\$ 9.95**



**ASK OUR SERVER
ABOUT THE DAILY
SPECIALS**

DIET DELIGHTS

- Bowl of Fresh Fruit.....\$ 4.95**
- Grilled Chicken Slim.....\$ 8.95**
served on bed of lettuce, tomatoes, cucumbers w/ cottage cheese
- JJ Health Platter.....\$ 6.95**
Fresh fruit and cottage cheese
- Slim Salad Platter**
Bed of lettuce, tomatoes, cucumbers , (1) scoop of
- Tuna salad.....\$ 7.95**
- Chicken salad.....\$ 7.95**
- Egg salad.....\$ 6.95**
- Cottage Cheese.....\$ 2.50**
- Apple Sauce.....\$ 1.25**

DESSERTS

- Scoop of Ice cream.....\$ 1.50**
- Assorted cookies.....\$ 0.75**
- Milk Shake.....\$4.50**
(vanilla or chocolate)
- Root Beer Float.....\$ 4.50**